

MEAT

LUMPWOOD CHARCOAL produced just outside Penrith - £4.50 per 10 lt bag

BUTCHER BOX FOR 2 = £20 (a selection of cuts from our counter – enough to feed 2 people for 5 meals)

BUTCHER BOX FOR 4 = £35 (a selection of cuts from our counter – enough to feed 4 people for 5 meals)

BREAKFAST PACK FOR 2 = £4.95 (4 x Thin Cumberland Sausages, 4 x Rashers Back Bacon, 2 x Slices Black Pudding)

BBQ BOX = £20 (a selection of Burgers, Sausages and Chicken or Pork with a delicious Rub or Marinade to smother onto whatever you fancy. Feeds 2-4 – depending on how hungry you are)

RUMP RUB - £4.75	A dry rub good for any cut of beef – hot and spicy, we advise you use it sparingly (unless you can handle the heat of course)!
BREAST ENHANCER - £4.75	A combination of dry spices that give chicken a warm and aromatic flavour. Perfect on whole chicken, breasts, thighs, wings, diced chicken – basically anything chicken.
BUTT MASSAGE - £4.75	The ultimate pork rub. Works well on a joint of pork, pulled pork, covering your chops and layering onto your pork steaks.

PIRI PIRI / MASALA, MANGO & CUMIN MARINADE	£3.25 each
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SAUSAGES, BACON & BURGERS

Thick Cumberland Sausage	£10.00 /kg
Thin Cumberland Sausage	£10.50 /kg
Westmorland Sausage (just like Cumberland but with added herbs)	£10.00 /kg
Pork Sausage	£10.50 /kg
Steak Burger (GF)	£1.75 each
Cracked Black Pepper Steak Burger	£1.75 each
Spiced Lamb Burger	£1.75 each

Gammon Steak	£9.95 /kg
Home-made Black Pudding	£1.20 /100g
Stornoway Black Pudding	£1.20 /100g
Blood Pudding	£1.50 /100g

Pork & Apple Burger	£1.75 each
Dry Cured Back Bacon	£13.95 /kg
Dry Cured Middle Bacon	£11.50 /kg
Dry Cured Streaky Bacon	£10.00 /kg
Dry Cured Smoked Bacon	£14.50 /kg
Breakfast Pack (4 x Thin Cumberland Sausage, 4 x Rashers Back Bacon, 2 x Slices Black Pudding)	£4.95 each
Bacon Chop	£13.95 /kg
Guanciale (Pig Cheek Bacon)	£2.40 /100g

Gammon Joint	£9.50 /kg
Haggis	£1.50 /100g
Lorne Sausage	£9.50 /kg

BEEF

Beef Brisket	£14.00 /kg
Silverside	£14.00 /kg
Topside	£15.00 /kg
Ox Tail	£6.50 /kg
Ox Cheeks	£11.00 /kg
Shin Beef	£7.50 /kg
Rib of Beef	£23.50 /kg
Rib of Beef (French-Trimmed)	£27.50 /kg

Dry Aged Fillet	£45.00 /kg
Dry Aged Ribeye Steak	£32.50 /kg
Dry Aged Sirloin Steak	£30.00 /kg
Dry Aged Rump Steak	£25.00 /kg
Dry Aged T-Bone	£29.00 /kg
Braising Steak	£12.50 /kg
Stewing Steak	£11.00 /kg
Steak Mince	£10.00 /kg

LAMB

Barnsley Chop	£21.00 /kg
Lamb Loin Chop	£21.00 /kg
Lamb Cutlets	£19.50 /kg
Lamb Henrys	£11.50 /kg
Lamb Shank	£6.50 /each
Breast of Lamb	£5.00 /kg
Lamb Leg Steak	£20.00 /kg

Lamb Loin – Boned & Rolled	£35.00 /kg
Shoulder of Lamb	£11.50 /kg
Leg of Lamb – Bone In	£13.50 /kg
French-trimmed Best End of Lamb (rack of lamb)	£30.00 /kg
Diced Lamb Leg	£18.50 /kg
Lamb Mince	£11.00 /kg
Lamb Neck	£5.00 /kg

PORK

Belly Pork	£7.00 /kg
Leg of Pork (boned & rolled)	£11.00 /kg
Pork Loin (on the bone)	£10.00 /kg
Pork Shoulder (boned & rolled)	£10.00 /kg
Pork Tenderloin	£13.80 /kg
Pork Chop	£10.00 /kg

Pork Leg Steak	£11.00 /kg
Pork Loin Steak	£12.00 /kg
Diced Pork	£10.00 /kg
Pork Mince	£8.00 /kg
Spare Rib Chop	£7.00 /kg
Spare Ribs	£5.00 /kg

CHICKEN

Whole Herb-Fed Free Range Chicken	£7.95 /kg
Herb-Fed Free Range Chicken Breasts	£16.50 /kg
Herb-Fed Free Range Chicken Thighs	£8.95 /kg

Whole Barn Reared Chicken	£4.95 /kg
Barn Reared Chicken Fillets (skinless)	£9.50 /kg
Herb-Fed Free Range Chicken Liver	£4.95 /kg

CHEESE & CHARCUTERIE

GREAT BRITISH CHEESE = £20 (150g Oak Smoked Cumberland Farmhouse, 150g Colston Bassett Stilton, 150g Sharpham Brie, 150g Rachel Goat's Cheese and a box of crackers)

DELI BOX FOR 2 = £26 (3 x 150g pieces of Cheese, 2 x 50g sliced Charcuterie, a box of crackers and a jar of fruit puree for cheese)

DELI BOX FOR 4 = £40 (4 x 150g pieces of Cheese, 2 x 100g sliced Charcuterie, 2 boxes of crackers and a jar of fruit puree for cheese)

WESTCOMBE CHEDDAR (unpasteurised)	£2.80 /100g	This Cheddar is left to be matured to develop a deeper fuller flavour. It has a wonderfully full and complex flavour with a slightly tangy finish.
BLACK BOMBER CHEDDAR (pasteurised, veggie rennet)	£2.50 /100g	A multi award winning classic. This Cheddar married a delicious rich flavour with a smooth creaminess, lasting long on the palate but deliciously moreish.
SPARKENHOE RED LEICESTER (unpasteurised)	£3.65 /100g	A traditional Farmhouse Red Leicester. Bound in cloth and matured for 6-8 months, it has a sweet, nutty flavour and a citrus finish – exactly how Red Leicester should taste.
CORNISH YARG (pasteurised, veggie rennet)	£3.25 /100g	A young, crumbly cheese with gentle citrus flavour, each one carefully wrapped with hand foraged nettles giving a lace like appearance.
RICHARD III (pasteurised, veggie rennet)	£3.10 /100g	A truly traditional clothbound Wensleydale. Moist, buttery and sweet, it's a taste of how Wensleydale used to be.
CUMBERLAND OAK SMOKED FARMHOUSE (unpasteurised)	£2.80 /100g	This specialist Cumberland Farmhouse cheese is crafted just up the road by Thornby Moor Dairy. Smoked slowly over Cumbrian Oak shavings for 4 days, it has a subtle, smooth flavour perfect for cooking and snacking.
COLSTON BASSETT STILTON (pasteurised, veggie rennet)	£2.70 /100g	The best Stilton we could find! Hand ladled in Nottingham, this stilton has a dense texture but is still wonderfully creamy, rich and full flavoured.
THOMAS HOE STILTON (pasteurised, veggie rennet)	£2.60 /100g	A rich, blue veined Stilton with a bold and expressive flavour.
SHARPHAM DEVON BRIE (unpasteurised, veggie rennet)	£3.40 /100g	A Devon Brie made from the raw Jersey milk at the Sharpham Estate. Rich yet delicate and creamy with an unctuous texture.
WYFE OF BATH (pasteurised)	£3.50 /100g	Sweet, nutty and creamy. This award winning semi-hard Gouda style cheese is redolent of buttercups and summer meadows.
OLD WINCHESTER (pasteurised, veggie rennet)	£3.00 /100g	A cross between Parmesan, Cheddar and Gouda – this is the perfect Parmigiano alternative. Crystalline and

		powerfully strong, this modern classic is made with the milk of Friesian Cows in Wiltshire.
BERKS WELL (pasteurised, veggie rennet)	£4.80 /100g	Made in Warwickshire in the style of a pecorino, it's sweet and nutty, with a definite tang on the finish.
RACHEL GOAT'S CHEESE (unpasteurised, veggie rennet)	£4.99 /100g	This hard goat's cheese starts off life as a classic goat's milk cheese, but is then washed to develop the characteristic orange rind and sweetness and smoothness of texture.
LUNA GOAT'S CHEESE (unpasteurised, veggie rennet)	£5.50 /100g	Beneath it's fluffy white rind is a melt-on-the-tongue texture and a world of flavour – woody savoury notes with a cool, creamy acidity.
MOZZARELLA DI BUFALA (pasteurised)	£3.85 /each	Made in Italy from 100% buffalo milk to provide a silky, soft textured and delicate creaminess.
YORKSHIRE FETTLE (pasteurised)	£4.40 /each	Britain's answer to Feta cheese – crafted using 100% British sheep milk by Shepherd's Purse.
SQUEAKY CHEESE (pasteurised, veggie rennet)	£5.00 /each	Yorkshire halloumi made with brined cows' milk. Perfect for the BBQ!
AGED COMTE (18-24 MONTHS) (unpasteurised, veggie rennet)	£5.70 /100g	Matured at the s old military fort of St. Antoine, the cheeses are regularly turned, brushed and rubbed to develop the richness and sweetness so characteristic of Comte.
LANARK BLUE (unpasteurised, veggie rennet)	£4.50 /100g	A modern classic and Scotland's answer to Roquefort. Made just outside Edinburgh, this rich sheep's milk is complemented by powerful blue veining.
MANCHEGO CURADO (unpasteurised)	£4.40 /100g	A classic – buttery with hints of green almonds and sherry on the palate.

Serrano Ham	£4.50 /100g
Air Dried Dorset Coppa	£6.75 /100g
Wagu Beef Salami	£5.65 /100g
Seaweed & Cider Salami	£4.30 /100g
Fennel Salami	£4.30 /100g

Venison & Pork Salami	£4.50 /100g
Peperoncino	£7.60 /100g
Chorizo Iberico	£4.50 /100g

Chorizo Stick 80g	£3.60 each
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**STONEHOUSE SMOKERY -
ARTISAN CHARCUTERIE HAND-MADE BY LEE AT HIS SMOKEHOUSE, JUST OUTSIDE CARLISLE**

Pied Pepper Salami	£9.50 /100g
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Citrus Nduja	£9.50 /100g
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Mushroom Pate 110g	£5.90
Salmon Pate with Lemon 100g	£6.50
Salmon Pate with Horseradish 100g	£6.50
Pork Rillettes 110g	£6.50
Pork Rillettes with Sloe Gin 110g	£6.50
Potted Beef with Horseradish 110g	£6.50
Duck Rillettes with Cranberries & Cointreau 110g	£6.50
Chicken Rillettes with Lemon Oil and Black Pepper 110g	£6.50

Pitted Kalamata Olives 150g	£4.95
Nocellara Olives 150g	£4.95
Garlic Stuffed Olives 185g	£4.95
Borettane Balsamic Onions	£1.20 /100g
Semi Dried Tomatoes	£2.95 /100g
Sweet Grilled Peppers 280g	£5.35
Roasted Artichoke Hearts 380g	£7.25
Black Olive Tapenade 212ml	£4.40

Individual Pie of the Day	£3.50 each
Quiche of the Day	£2.65 each
Sausage Roll	£2.00 each
Pork Pie	£2.10 each
Scotch Egg	£2.10 each

BREAD

OUR BREAD IS CRAFTED TO ORDER BY MORE? ARTISAN BAKERY, SO WE NEED 3 WORKING DAYS' NOTICE TO GUARANTEE THEIR DELICIOUS LOAVES CAN MAKE IT INTO YOUR ORDER FOR DELIVERY OR COLLECTION.

WILD ENGLISH SOURDOUGH BLOOMER 800g	£4.15
GRANARY SOURDOUGH BLOOMER 700g	£4.15
WHITE SOURDOUGH TOASTING TIN LOAF 800g	£3.15
SUPER SEEDY SOURDOUGH TOASTING TIN LOAF 800g	£3.15
MILK SOURDOUGH ROLL Soft Sourdough Rolls – perfect for a breakfast roll or BBQ burger!	£0.95

FISH

OUR SMOKED SALMON IS CRAFTED BY PISHED FISH USING SUSTAINABLY CAUGHT SCOTTISH SALMON. SLOWLY COLD SMOKED AND INFUSED WITH BOOZE, YOU WON'T HAVE TRIED SALMON LIKE THIS BEFORE.

THE CLASSIC – Medium Oak smoked and glazed with maple syrup & whiskey for a subtle, sweet warming flavour	£7.50 /100g
ERIK THE RED – Aquavit, juniper, star anise & beetroot give a light and aromatic flavour, then slowly smoked over apple & elder woods	£7.50 /100g
THE OLD FASHIONED – Warming whiskey, maple syrup and hints of orange, smoked over oak.	£7.50 /100g
GIN & TONIC – Infused with gin & juniper and dressed with lime & grapefruit for a subtle zing – perfect with creamy scrambled eggs	£7.50 /100g

Salmon Pate with Lemon 100g	£6.50
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Salmon Pate with Horseradish 100g	£6.50
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THE SHOP

(ANY ITEMS HIGHLIGHTED RED ARE CURRENTLY OUT OF STOCK)

THE ESSENTIALS

Cooked Ham	£2.25 /100g
Cooked Beef	£2.50 /100g
Pastrami	£2.00/100g
Individual Pie of the Day	£3.50 each
Quiche of the Day	£2.65 each
Sausage Roll	£2.00 each
Pork Pie	£2.10 each
Scotch Egg	£2.10 each
Cheese & Chive Scone	£1.50 each
6 Free Range Eggs	£1.80

1kg Carrs Plain Flour	£2.15
1kg Carrs Self Raising Flour	£2.35

Organic Apple Juice 750ml	£4.10
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Chopped Tomatoes 400g	£1.50
Passata 700g	£2.50
Tomato Puree 130g	£1.65

Beef Stock 500ml	£2.85
Chicken Stock 500ml	£2.85
Vegetable Stock 500ml	£2.85

Hot Horseradish Sauce 185g	£4.30
Dijon Mustard 200g	£2.65
Bramley Apple Sauce 200g	£3.55

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1.5kg Carrs Strong White Flour	£2.75
1.5kg Carrs Wholemeal Flour	£3.80
1kg GF Plain & S/R Flour	£3.10
1kg 00 Flour	£2.00
Baking Powder 90g	£1.00
Dried Yeast 50g (suitable for home baking & bread machines)	£1.00
Brown & Polston Cornflour 250g	£1.50

Traditional English Mustard 180g	£2.65
Mint Jelly 220g	£3.55
Tomato Ketchup 275g	£3.50
Brown Sauce 255g	£3.65
Aberfeldy Porridge Oats 750g	£3.35
Cinnamon & Pecan Granola 400g	£5.90
Berry Muesli 450g	£5.90

THE LARDER

Finely Chopped Tomatoes 400g	£1.50
San Marzano Peeled Tomatoes 400g	£2.10
San Marzano Peeled Tomatoes 800g	£3.50
Passata 700g	£2.50
Pizza Sauce 400g	£1.85
Cherry Tomato Salsa 330g	£3.25
Tomato Puree 130g	£1.65

Spicy Arrabbiata Pasta Sauce 500g	£4.95
Sicilian Style Veg Pasta Sauce 500g	£4.95
Tomato & Basil Pasta Sauce 500g	£4.95
Puttanesca Sauce 400g	£3.95
Bolognese Sauce 400g	£3.95
Carbonara Sauce 350g	£3.95
Béchamel Sauce 350g	£3.95

Organic Butter Beans 325g	£3.25
Organic Haricot Beans 325g	£2.55
Navarrico Chickpeas 700g	£3.50
Brown Lentils 400g	£1.00
Medium Couscous 500g	£2.40
Quinoa 500g	£5.20
Farro 500g	£3.25
Polenta Svelta 500g	£2.45
Semolina 500g	£1.50

Black Kale Pesto 200g	£7.50
Red Tomato Pesto 220g	£6.75
Wild Fennel Pesto 220g	£5.60

Bhuna Spice Kit	£3.60
Sri Lankan Spice Kit	£3.60
Lady Naga Spice Kit	£3.60
Korma Spice Kit	£3.60
Jalfrezi Spice Kit	£3.60
Tikka Spice Kit	£3.60
Korma Spice Pot	£4.60
Tandoori Masala Spice Pot	£4.60
Bhuna Spice Pot	£4.60

Basmati & Wild Rice 500g	£5.20
Jasmine Rice 500g	£3.00
Wild Red Rice 500g	£5.00
Black Venus Rice 500g	£5.40
Arborio Risotto Rice 1kg	£4.95
Carnaroli Risotto Rice 500g	£4.50
Truffle Risotto Rice 250g	£4.45
Asparagus Risotto Rice 250g	£4.45
Paella Rice 500g	£3.25
Orzo Pasta 500g	£3.70
Trofie Pasta 250g	£4.35
Dried Lasagne Sheets 300g	£3.40
Spaghetti 500g	£2.95
Lemon Taglioline 500g	£5.65
Penne Pasta 500g	£3.50
Fusilli Pasta 500g	£3.50
Conchigile Pasta 500g	£3.50
Organic Linguine 250g	£3.15
Organic Paccheri 375g	£4.40
GF Rice & Quinoa Tagliatelle 250g	£4.90
GF Green Pea Fusilli 250g	£4.60

Tamarind Indian Dipping Sauce 250ml	£3.85
Ginger & Coriander Indian Dipping Sauce 250ml	£3.85
Chilli Mango Indian Dipping Sauce 250ml	£3.85
Indian Ketchup Dipping Sauce 250ml	£3.85
Hot Garlic Pickle 195g	£4.25

Teriyaki Sauce 200ml	£4.95
Sesame Sauce 200ml	£4.95
Wasabi Powder 23g	£3.95
Sanbaizu Rice Vinegar 300ml	£9.00
Sushi Ginger Vinegar 100ml	£12.50
Organic Soy Sauce 200ml	£9.60
Barley Miso Paste 500g	£9.50
Red Miso Paste 500g	£9.50
Udon Noodles 300g	£8.50
Soba Noodles 450g	£11.25

Sweet Grilled Peppers 280g	£5.35
Caperberries 345g	£2.35
Bread & Butter Pickles 425g	£5.10
Dried Porcini Mushrooms 20g	£4.00
Cuttlefish Ink 90g	£7.50
Ortiz Anchovy Fillets 95g	£9.50

Moroccan Tagine Spice Kit	£3.60
Preserved Beldi Lemons 360g	£2.85
Harissa Spicy Meze 220g	£3.10
Pomegranate Molasses 250g	£3.95
Carob Molasses 250g	£3.95
Greek Tahini 350g	£5.25
Greek Wholegrain Tahini 350g	£6.75

Original Hot Sauce 150ml	£3.65
Habanero Hot Sauce 150ml	£3.65
Worcester Sauce 150ml	£3.25
Candied Jalapeno Hot Relish 190ml	£5.40
Candied Jalapenos 160g	£5.40
Jalapeno Jam 220g	£5.25

Cherry Bourbon BBQ Sauce 255g	£3.99
Korean BBQ Sauce 255g	£3.99
BBQ Sauce 250g	£3.95
Beetroot Ketchup 250g	£3.95
Tomato Ketchup 275g	£3.50
Black Garlic Ketchup 275g	£5.50
Brown Sauce 255g	£3.65
Smoky Chipotle Ketchup 255g	£3.99
Sriracha 255g	£3.99
Green Sriracha 255g	£3.99
Chipotle Mayo 250g	£3.65
Sriracha Mayo 250g	£3.65

Highland Rapeseed Oil 500ml	£7.50
Extra Virgin Greek Olive Oil 3l	£33.25
Extra Virgin Greek Olive Oil 500ml	£9.85
Smoked Olive Oil 500ml	£23.35
Extra Virgin Italian Olive Oil 500ml	£16.50

Black Garlic Bulb	£5.50
Chilli Peanut Butter 285g	£5.10

Beef Stock 500ml	£2.85
Chicken Stock 500ml	£2.85
Vegetable Stock 500ml	£2.85
Lamb Stock 400ml	£3.50
Veal Stock 400ml	£3.85

Beef & Red Wine Gravy 350ml	£3.50
Lamb Hotpot Casserole Sauce 400g	£3.50
Mushroom, White Wine & Garlic Sauce 250g	£3.50

3 Peppercorn & Brandy Sauce 250ml	£3.50
Bearnaise Sauce 250ml	£3.50
Diane Sauce 250ml	£3.50

Hot Horseradish Sauce 185g	£4.30
Traditional English Mustard 180g	£2.65
Dijon Mustard 200g	£2.65
Bramley Apple Sauce 200g	£3.55
Mint Jelly 220g	£3.55
Cumberland Sauce 230g	£3.85
Hedgerow & Port Jelly 215g	£3.55

Cumberland Honey Mustard 170g	£3.15
Cumberland Seriously Hot Mustard 175g	£3.55

Gentlemen's Spiced Anchovy Relish	£3.55
Pure Duck Fat 200g	£2.35

White Masa Harina for Tortillas 500g	£3.70
Blue Maasa Harina for Tortillas 500g	£3.80
Tomatillo Salsa 270g	£4.50
Black Beans Kit for Frijoles de la Olla	£3.50
Pinot Beans Kit for Frijoles de Charros	£3.50
Mole Poblano Paste 100g	£3.50

Orkney Craft Rhubarb Vinegar 250ml	£12.50
Saffron Vinegar 250ml	£15.85
White Pineau Charentes Vinegar 250ml	£10.85

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White Truffle Oil 100ml	£9.95
Black Truffle Oil 100ml	£7.95
Rosemary & Thyme Oil 250ml	£4.35
Chilli Pizza Oil 250ml	£4.35
Thyme & Rosemary Oil 250ml	£4.35

Organic Ghee 300g	£8.50
Golden Turmeric Ghee 150g	£5.75

SEASONING

Droitwich Salt – Classic 100g	£3.50
Droitwich Salt – Charcoal 75g	£4.50
Droitwich Salt – Smoked 100g	£5.50
Isle of Skye Sea Salt 75g	£6.50
Kampot Black Pepper 50g	£4.55
Java Long Pepper 30g	£5.40

Everyday Seaweed Seasoning 45g	£8.50
Kombu Seaweed Salt Alternative 70g	£8.50

Plum & Ginger Stuffing 150g	£1.85
Sage & Onion Stuffing 150g	£1.65
GF Parsley & Thyme Stuffing 120g	£2.55

Fig Vinegar 100ml	£12.50
Pedro Ximenez Sherry Vinegar	£12.50
Cabernet Vinegar 500ml	£13.35
Vinaigre de Cidre 500ml	£10.00
Balsamic Di Monena Vinegar 250ml	£7.50
White Balsamic Vinegar 250ml	£8.00
Rose Balsamic Vinegar 250ml	£8.25

Pecan Liquid Smoke	£3.00
Butt Massage (pork rub)	£4.75
Rump Rub (beef rub)	£4.75
Breast Enhancer (chicken rub)	£4.75

Saffron Stamens 0.5g	£3.10
Carolina Reaper Chillies 15g	£7.00
Aleppo Pepper 100g	£3.80
Whole Ancho Chillies 70g	£3.80
Smoked Paprika Powder 60g	£3.50

Dried Avocado Leaves 10g	£2.70
Mexican Oregano 25g	£3.40
Achiote Seeds 90g	£4.00

Hibiscus Flowers 50g	£3.10
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CHUTNEY & CRACKERS

Caramelised Onion Marmalade 270g	£4.95
Savoury Beetroot Marmalade 270g	£4.95
Spiced Pear Chutney 270g	£4.95
Westmorland Chutney 345g	£4.95
Piccalilli Pickle 290g	£4.95
Cheeseboard Chutney 200g	£4.25
Beetroot & Horseradish Chutney 205g	£4.65
Black Garlic Pickle 220g	£5.50
Fruity Tomato Chutney 360g	£5.75
Pear, Fig & Walnut Chutney 270g	£4.35

Dottato Figs (slow baked figs wrapped in vine leaves) 200g	£5.95
Gooseberry Fruit for Cheese 113g	£4.45
Damson Fruit for Cheese 113g	£4.45

Aberfeldy Oatcakes 150g	£2.40
Fine Cheese Co. Oatcakes 125g	£3.10
Fine Cheese Co. Wheat Fingers 150g	£3.40
Water Crackers 70g	£2.50
GF Charcoal Crackers 110g	£3.35
Three-Seed Crackers 125g	£2.70
Cranberry & Raisin Miller's Toast 100g	£3.65
Plum & Date Miller's Toast 100g	£3.65
Sourdough Crispbread Selection 265g	£7.60
Original Sourdough Crispbread 200g	£3.10
Original Sourdough Crispbread 105g	£4.40
Sourdough Charcoal & Rye Crispbread 90g	£3.10
Mor Rye & Buttermilk Snap Crackers 115g	£2.60

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Cherry Fruit for Cheese 113g	£4.45
Quince Fruit for Cheese 113g	£4.45
Fig Fruit for Cheese 113g	£4.45
Moscato Grape Nectar 140g	£5.75
Honey with White Truffle 50g	£6.15
Honey with Black Truffle 220g	£19.50

Classic Grissini 150g	£4.95
Sourdough Sea Salt Flatbreads 115g	£2.70
Sourdough Chilli Flatbreads 115g	£2.70

JAM, MARMALADE & HONEY

Fig & Orange Jam 230g	£4.60
Sour Cherry & Prosecco Jam 220g	£4.60
Raspberry & Vanilla Jam 225g	£3.15
Really Raspberry & Chambord Jam 270g	£4.35
Plum, Rum & Walnut Jam 270g	£4.35
Strawberry Jam 300g	£3.35
Blackcurrant Jam 300g	£3.35

George's Marmalade (orange & lemon) 112g	£2.65
Kitchen Garden Marmalade (orange, grapefruit, rhubarb & lemon 340g)	£4.95
Kitchen Garden Marmalade 112g	£2.65
Apple & Brandy Marmalade 340g	£4.95
Apple & Brandy Marmalade 112g	£2.65
Seville Marmalade with Whiskey & Sea Salt 270g	£5.10
Seville Orange Marmalade 340g	£3.85

Cartmel Sticky Toffee Sauce 170g	£2.95
Crunchy Peanut Butter 285g	£4.70
Crunchy Hazelnut Chocolate Spread 200g	£5.75
Peaches in Brandy Syrup 300g	£6.55
Baby Pears in Calvados 300g	£6.55

British Summer Honeycomb 170g	£9.00
Wildflower Honey 340g	£7.50
Blossom Honey 340g	£7.50
Heather Honey 340g	£9.75

SAVOURY SNACKS & SWEET TREATS

Two Farmers Slightly Salted Crisps 150g	£2.85
Two Farmers Cheese & Onion Crisps 150g	£2.85
Two Farmers Salt & Vinegar Crisps 150g	£2.85
Wildings Peking Duck Crackling 25g	£2.05
Wildings Salt & Pepper Duck Crackling 25g	£2.05
Wildings Chilli & Lemongrass Duck Crackling 25g	£2.05
Wildings Moroccan Spices Lamb Crackling 28g	£2.05
Made for Drink Chorizo Thins 23g	£2.50
Made For Drink Plantain Chips 45g	£2.50
Seachips Lightly Salted 20g	£1.60
Seachips Salt & Vinegar 20g	£1.60

Love Cocoa Sea Salt Dark Chocolate 75g Bar	£4.25
Love Cocoa Orange & Cocoa Nib Milk Chocolate 75g Bar	£4.25
Love Cocoa White Chocolate 75g Bar	£4.25
Love Cocoa Salted Caramel Milk Chocolate 75g Bar	£4.25
Love Cocoa Honeycomb Milk Chocolate 75g Bar	£4.25
Dark Chocolate & Cardamom covered Coffee Beans	£10
Dark Chocolate Candied Ginger	£10
Madagascan Milk Chocolate Bar 20g	£2.40

Brandy Snaps 150g	£3.20
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Seachips Lime & Chilli 20g	£1.60
Popcorn Party Pack (popcorn, sticky toffee & salted caramel sauce)	£9.95
Rich Ruby Pop-A-Cob	£2.80
Midnight Blue Pop-A-Cob	£2.80

Spiced Tomato & Vodka Marshmallows 110g	£6.95
Raspberry & Champagne Marshmallows 110g	£6.95
Passionfruit & Ginger Marshmallows 110g	£6.95
Blueberry & Gin Marshmallows 110g	£6.95

SOFT DRINKS

Elderflower Cordial 500ml	£5.95
Apple & Blackcurrant Cordial 500ml	£5.95
Raspberry & Rosemary Cordial 500ml	£5.95
Pear & Ginger Cordial 500ml	£5.95

Organic Apple Juice 750ml	£4.10
Organic Apple & Ginger Juice 750ml	£4.60
Organic Apple & Raspberry Juice 750ml	£4.60

Coca-Cola 330ml bottle	£1.50
Diet Coca-Cola 330ml bottle	£1.40
San Pellegrino Blood Orange 330ml	£1.25
San Pellegrino Limonata 330ml	£1.25
Sloe & Rose Lemonade Posh Pop 275ml	£1.99
Elderflower Posh Pop 275ml	£1.99
Ginger Beer with Chilli Posh Pop 275ml	£1.99

Marlish Tonic Water 200ml	£1.00
Marlish Soda Water 200ml	£1.00

Marlish Sparkling Mineral Water 330ml	£0.95
Marlish Still Mineral Water 330ml	£0.95
Sparkling Sicilian Lemon Spring Water 330ml	£1.20
Sparkling Brazilian Orange Spring Water 330ml	£1.20
Sparkling Raspberry Spring Water 330ml	£1.20

TEA, COFFEE & HOT CHOCOLATE

Artisan Rich Double Drinking Chocolate 140g	£10
Ivory Coast White Hot Chocolate 210g	£6.50
Classic Milk Hot Chocolate 210g	£6.50
Madagascar Dark Hot Chocolate 210g	£6.50

CAKES & BISCUITS

Penny Rock Brazilian Coffee Beans 250g	£7.70
Mountain Rescue Coffee Beans 250g	£8.50
Guatemalan Decaf Coffee Beans 250g	£9.25

Mini Shortbread Welly Cookies	£2.65
Classic Chocolate Brownie Kit	£4.95
Hand-tied Yorkshire Parkin 420g	£4.10
Sticky Toffee Biscuits 150g	£2.40
Cantuccini Biscotti 200g	£6.95
Chocolate Saturnelle 200g	£6.95
Cinnamon & Demerara Shortbread 150g	£3.15
Lemon Shortbread 150g	£3.15
Original Shortbread 150g	£3.15
Original Shortbread 140g Tin	£3.20
Lemon Cannoli 150g	£3.30
Pistachio Cannoli 150g	£3.30
Chocolate Hazelnut Aragostine 150g	£3.30

Organic Estate Breakfast Tea (Loose Leaf) 100g	£9.50
Organic Earl Grey Tea (Loose Leaf) 100g	£9.50
Organic Lemongrass & Ginger Tea (Loose Leaf) 100g	£9.50
Organic Green Tea - Orange Pekoe (Loose Leaf) 100g	£9.50

BOOZE

CASES OF WINE (6 BOTTLES IN EACH BOX)

THE MIXED BOX = £50

1 x Frog's Return Colomard
 1 x Le Lejania Chardonnay
 1 x Fedele Pinot Grigio
 1 x Frog's Return Grenache
 1 x Morador Tinto Tempranillo
 1 x Esporao PE Tinto

THE RED BOX = £60

2 x Frog's Return Grenache
 1 x Morador Tinto Tempranillo
 1 x Tabula Rasa #V17R
 1 x Beaujolais Nouveau
 1 x Man Meets Mountain Malbec

THE WHITE BOX = £60

2 x Frog's Return Colomard
 1 x Le Lejania Chardonnay
 1 x Tabula Rasa #V18W
 1 x Chateau Nicot
 1 x Fedele Pinot Grigio

OUR FAVOURITES = £80

1 x Chateau Nicot
 1 x Litmus Orange
 1 x Ginking
 1 x Lirac Rouge Luna Apoge
 1 x Beaujolais Nouveau
 1 x Tabula Rasa #V17R

WINE

MORADOR TINTO - 75CL	£7.50	Bursting with fresh berry fruits this 100% Tempranillo is soft and generous combining subtle oakiness with good balance and smooth tannins – 14%
LAUTARUL PINOT NOIR - 75CL	£7.50	A light and juicy Romanian Pinot Noir with black cherry and raspberry flavours – 13.5%
ESPORAO ALANDRA TINTO - 75CL	£11.00	A soft mouth-filling wine made with the Moreto Castelaio and Trincadeira varietals from Portugal, delicious – 13%
FROGS'S RETURN GRENACHE RED - 75CL	£9.50	Deep purple intense ripe black and red fruits, spices and liquorice. The palate is round, fresh and dense. Well structured with velvety ripe tannins. Long and aromatic finish – 12.5%
TABULA RASA #V17R - 50CL	£11.00	Grenache / Shiraz blend – every vintage of Tabula Rasa is different. Sweet bramble fruit, succulent cherry, red-currant fruit with hints of spice and cacao – 14%
LIRAC ROUGE LUNAR APOGE - 75CL	£20.00	Aromas of strawberry spices and liquorice with smoky notes and a touch of aromatic herbs. A powerful and hearty wine – 13.5%
MAN MEETS MOUNTAIN MALBEC - 75CL	£15.00	Remarkably delicate and fruit driven Malbec, with a lovely smooth finish. Best served with a rib-eye steak - 14%
BEAUJOLAIS NOUVEAU - 75CL	£12.00	From young rising star winemaker Jean-Etienne Chermette's brand new wine estate – this is an easy drinking, juicy yet structured Gamay – 13%
LE LEJANIA CHARDONNAY - 75CL	£7.50	This delightfully smooth, creamy wine displays perfectly ripe Chardonnay fruit with a great mouthfeel. Well balanced and easy drinking – 13%
FROGS'S RETURN COLOMBARD WHITE - 75CL	£9.50	Pale yellow with green reflections. Floral aroma with a note of pineapple. Semi-dry wine, round and pleasant on the palate. Easy drinking – 11.5%
TABULA RASA #V18W - 50CL	£11.00	A seasonal white that reflects the character of the vintage in a delicious textural style. Aromas of quince and barley lead through to a zesty palate of elderflower and almond - 13%

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CHATEAU NICOT - 75CL	£13.00	Produced just outside the city of Bordeaux – this is 60% Sauvignon Blanc, 30% Semillon and 10% Muscadelle. Fresh, well balanced and with subtle herbs – this is one of our favourites - 12.5%
FEDELE PINOT GRIGIO - 75CL	£11.00	A lovely easy drinking, organic Pinot Grigio blending Catarratto and Pinot Grigio grapes from Sicily. Stunning served with zesty goat's cheese - 13%
JEAN BECKER ALSACE - 75CL	£20.00	Intense ripe aromas of lychees alongside spices and white flowers. The winery is located in Zellenberg, on the Alsace wine route, and produce their wine using the Alsace's 7 main grape varieties -Sylvaner, Muscat, Riesling, Gewurztraminer, Pinot Blanc, Pinot Noir and Pinot Gris – 13.5%

SILENT POOL ROSE - 75CL	£22.00	A delicious blend of Pinot Noir and Pinot Meunier grapes – this elegant, dry rose was served on the Royal Barge to celebrate the Queen's Diamond Jubilee in 2012! Crafted in Surrey by top biodynamic vineyard Albury Estate - 10.5%
LITMUS ORANGE - 75CL	£20.00	Crafted in Surrey with 100% Bacchus grapes – straw gold in colour with quince and hazelnut overtones. On the palate it's striking with a pithy tannin structure. Harmonious and smooth with good acidity and an incredibly long finish – 11.5%
PROSECCO DEA DEL MARE - 75CL	£13.00	A delightfully elegant Prosecco with crisp apple and citrus notes combined with a delicate floral nose. Great as an aperitif or drunk with chicken dishes – 11%
GINKING - 75CL	£10.95	A delicious English ready to drink aperitif full of refreshment! Melding the botanical aromatics of London Dry Gin with English wine and pure spring water, it's perfect for gin and wine lovers alike – 8.5%

BEER & CIDER

OATS & MOSAIC - 440ML	£3.60	A DDH Mosaic Pale Ale brewed with Oats. A tropical, hazy beer with a silky mouthfeel – 4.2%
CITRA & IDAHO 7 - 440ML	£4.10	An IPA brewed using two of the USAs hardest hitting hops to provide an easy drinking beer – 6.3%
HELLES LAGER - 440ML	£3.55	Unfined, unfiltered, unpasteurised... this is a delicious Bavarian Helles style beer – 4.6%

LUSCOMBE APPLE CIDER 330ML	£2.50	Organic, medium dry cider – using apple varieties Tail Sweet, Sugar Bush & Smack-My-Girdle 4.9%
FARMHOUSE CIDER 1 LTR	£7.00	A superb still farmhouse style cider that's rich in fruity aromas. Hand blended using autumnal windfall apples and matured to give a delicious mellow finish – 5%

SOMETHING SPECIAL

DALWHINNIE SINGLE MALT SCOTCH WHISKEY 70CL	£55.00	15 year old Dalwhinnie is the perfect introduction to single malt whiskey. Elegant, smooth and medium bodied with a light, fruity palate and a whiff of heather on the finish – 43%
THE LAKES DISTILLERY FINE BLENDED WHISKEY 70CL	£47.50	A singular blend of The Lakes Single Malt and select Scotch grain and malt whiskies from the Highlands, Speyside and Islay. A complex yet balances whiskey with hints of stone fruit, treacle and light spice on the nose. Deliciously compelling on the palate with notes of honey-roasted nuts, wood spice, dried fruits and gentle wood smoke - 46.6%

GRAHAMS 10 YEAR TAWNY PORT 75CL	£30.00	This Port has a deep, tawny colour. Complex nutty aromas combine with hints of honey and figs on the
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		nose. But on the palate, there are rich mature fruit flavours beautifully mellowed with a luscious long finish – 20%
GRAHAMS BLEND NO. 5 WHITE PORT 75CL	£30.00	Crafted with two Portuguese grape varieties – Malvasia Fina and Moscatel Gallego. Hand-picked and cold-fermented in small batches, this combination creates a fresh, aromatic young port – perfect for sipping or mixed with tonic – 19%
BLACKFORDS LIMONCELLO 350ML	£28.00	Hand crafted in The Cotswolds and a recipient of a Great Taste Award. Best served ice cold straight from the freezer, over ice with tonic and a squeeze of lemon juice or drizzled over fresh strawberries and cream – 32%
KIN TOFFEE VODKA 70CL 20CL	£29.50 £13.50	Deliciously smooth vodka, hand blended with rich caramel tones and finished with a subtle kick. And it's created in the Lakes! – 20.3%

MORVENNA SPICED RUM 70CL 20CL	£40.00 £18.00	This Cornish molasses based, artisan spiced rum is fermented, distilled and bottled at Norton Barton Artisan Food Village. Drier and more refined than a standard spiced rum. It is botanically driven with hints of lemongrass, apricot and saffron – 40%
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THE LAKES DISTILLERY VODKA 70CL	£45.00	The Lakes Vodka is produced in the traditional way – lovingly crafted in their small handmade copper pot still – 40%
THE LAKES DISTILLERY GIN 70CL	£40.00	This classic gin is vibrant with notes of juniper, cracked black pepper and orange peel – 46%
LITTLE LANE GIN 70CL 25CL	£45.00 £20.00	Ribble Valley Gin Co's signature gin. It's inspiration comes from the Lancashire countryside surrounding the distillery - featuring oak bark, blackberry leaves, meadowsweet, nettle, hawthorn berries and lime leaf (yep – Lancashire has a native lime leaf, it's true). The botanicals result in a fragrant, floral and leafy gin that cries out for a garnish of blackberries – 40%
WINTER'S NIGHT GIN 70CL 25CL	£45.00 £20.00	Another treat from Ribble Valley Gin Co – this gold medal award winning gin features a host of warming botanicals alongside a classic core of peppery juniper. Best enjoyed next to a cosy fire – 42%
TRIPLE GIN GIFT SET	£49.99	Three 25cl bottles of The Ribble Valley Gin Co's beautiful spirits – Little Lane, Garden Party and Winter's Night.
TONIC WATER 200ML	£1.00	Sourced in the hills of Northumberland, Marlish Distiller's Choice Tonic Water is a combination of their slowly filtered spring water and the finest tasting champagne-like bubbles.
SODA WATER 200ML	£1.00	Another beautiful mixer from Marlish Water, perfect with a touch of Vodka.